

# Planning As You Age

## An Online Course in the Finances of Caregiving



### **Good Care Takes Planning.**

When you understand possible financial solutions for care of yourself or a loved one, you and your family can make the best decisions. Involve all members of the family in financial decisions and develop a plan that works well for both the care receiver(s) and the caregiver(s).

As your family plans together, be sure to look at financial solutions that protect the financial future of the care recipient, as well as the caregiver.

*Not sure where to start?*  
**We can help.**

*Planning As You Age: Finances of Caregiving* is being offered as an online course at two different times this Spring.

The course will guide you through:

- The steps of finding and collecting needed information;
- The development of a book of financial records;
- Discussions of long-term care options and costs;
- Practical resources to help with family decision-making.

## Planning As You Age Finances of Caregiving

### There are Two Different Date/ Time Options for the Online Courses Offered This Spring:

*Please Note:* Both courses are the same. The second course is simply being offered in two less sessions, so sessions will be longer.

#### **April-May**

##### **Five-Session Course:**

April 30, May 7, 14, 21 & 28  
2:00-3:30 p.m.

#### **June**

##### **Three-Session Course:**

June 2, June 9 & June 16  
5:30-7:30 p.m.

Participants may choose to register for the April-May five-session course *OR* the June three-session course.

**Registration fee for either online option is only \$5.**

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Fees for service will be used to off-set direct expenses and to support the Human Sciences County Extension Program.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext).



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Register Online at

<https://bit.ly/foconline>

or by contacting either of  
the course instructors  
listed to the right.